Whooping Cough Day





November 8. Get Up-To-Date. Vaccinate!

Keeping babies safe and reducing your risk of illness means staying up-to-date with whooping cough vaccination.



Are you up to date?

Talk to your GP or pharmacist today, or find out more here







Get the facts on whooping cough

Australia's first national Whooping Cough Day shines a spotlight on the threat posed by whooping cough and encourages Australians to remain up-to-date with booster vaccination.

Did you know?

Whooping cough can be severe at any age.

Known medically as pertussis, whooping cough is a highly infectious and potentially fatal bacterial infection that attacks the airways, causing uncontrollable coughing and difficulty breathing, sometimes for months on end.

Whooping cough is one of the most infectious diseases in the world.

Whooping cough is more contagious than influenza, measles or COVID-19 and, once infected, a person can remain contagious for three weeks or until they receive a course of antibiotics.

Whooping cough is not just a childhood disease.

In Australia, more than half of all confirmed cases of whooping cough occur in adults.

Some people are at a greater risk of severe whooping cough.

Whooping cough can be fatal in infants and can cause serious illness in older children and adults. Individuals with asthma face a four times greater risk of whooping cough infection and have a higher risk of being hospitalised.

Vaccination is the best way to protect against whooping cough.

Provided to billions of people across the world for many decades, whooping cough vaccination is safe and offers the best defense against this highly contagious disease for the person vaccinated and their loved ones.

Adults need booster vaccines to stay up to date with whooping cough protection.

Having whooping cough does not leave you immune and while vaccination is the best defense against the bacteria, protection does wane over time. A whooping cough booster at least every 10 years is a safe and effective way to bolster protection.

It takes community effort to protect against whooping cough.

While vaccination is especially important for babies, pregnant women and people who are in contact with infants, we all have a role to play in controlling the spread of whooping cough and reducing the risk of infection.

It's easy to check your immunisation status against whooping cough.

Australians can check their vaccination status by talking to a doctor, pharmacist or by accessing their Immunisation History Statement via the Express Plus Medicare app.

To find out more visit www.ifa.org.au/whoopingcoughday

